

CAMP LI-WA SUMMER

2010 PARENTS INFORMATION HANDBOOK **Please read the enclosed information carefully**

DEAR PARENT: Welcome to a wonderful, exciting and possibly life changing adventure for your child. The staff at Camp Li-Wa are excited, yet serious about our responsibility as you entrust your child to us for the week. This handbook has been incorporated to include ideas from parents such as yourself in an effort to better accommodate you and your child's needs. We trust their time spent at camp will be most impacting when your child is willing to evaluate their life by the standard of the One who made them and loves them most.

WEEK #	DATE	CAMP	ENTERING GRADE IN FALL	COST
1	June 14-18	Discovery Days A	grades 2-3	\$205
		Discovery Days B*	grades 2-3	\$220
2	June 21-26	Base Camp	grades 4-5	\$285
		Ranch Camp	grades 4-5	\$390
		Exploration	grades 4-5	\$310
3	June 28- July 3	Jr High Skills	grades 6-7	\$285
		Jr High Ranch	grades 6-7	\$390
		Jr High Expedition	grades 6-7	\$390
4	July 5-10	Jr High Skills	grades 8-9	\$285
		Jr High Ranch	grades 8-9	\$390
		Jr High Expedition	grades 8-9	\$390
5	July 12-14	Discovery Days	K-1 st grades	\$145
		Equestrian Days	grades 6-12	\$200
6	July 19-24	Base Camp	grades 5-6	\$285
		Ranch Camp	grades 5-6	\$390
7	July 26-31	Base Camp	grades 3-4	\$285

		Ranch Camp	grades 4-5	\$390
8	Aug 2-6	Discovery Days	grades 1-2	\$205
		Wild West Days*	grades 7-12	\$330

*Overnight option Wednesday night only.

ARRIVAL / FINAL REGISTRATION and DEPARTURE / PARENT SHOW

Final Registration – All camps will have final registration on Mondays at 9:00 a.m. with events for the campers starting at 10:00 a.m. Please turn in all medical/immunization information, snack shop money, and any remaining camp fees that are due.

Arrival/Departure - If your child is attending any camps with the word “Day” in it, they will not be spending the night (except for Discovery Days B and Wild West Days who has the option to spend Wednesday night). Each day will start at 9:00 a.m. and end at 4:00 p.m. Please note Discovery Days for K-1 and Equestrian Days end on Wednesday, but Discovery Days A and B for 2-3 grades, Discovery Days for 1-2 grades, and Wild West Days end on Fridays. All other camps without the word “Day” in it, will be overnight camps and they will begin with registration on Monday and end on Saturday with the Parent Show.

Parent Show - At the end of each week of camp we will present a parent show for everyone to attend. If you are a Ranch camper, this will be held in the barn. If you are any other type of camper, this will be held in the pavilion. Non-overnight camps (Discovery Days/Wild West Days/Equestrian Days) will have a parent show on the last day of the week at 3:30 p.m. (Please note Discovery Days for K-1 and Equestrian Days end on Wednesday but Discovery Days A and B for 2-3 grades, Discovery Days for 1-2 grades, and Wild West Days end on Fridays). All other camps will have their parent show on the last day of their week which is Saturday. Ranch campers will have the parent show at 10:30 a.m. in the barn and all other types of camps will have their parent show at 10:15 a.m. in the pavilion. DVDs of the week’s activities will be available at no cost but if you could make a small donation, it keeps our costs down. Snack shop will also be open after the Parent Shows.

PRE-CAMP FACILITY TOUR: This will be an opportunity for parents/campers to meet our staff and become familiar with the camp facilities. **Saturday, June 12, 10:30 am-Noon.**

CRAFTS: Free crafts are included with each camp. Due to time & activity limitations, crafts are not available for the Expedition Campers.

HORSEBACK RIDING (for non-horse campers): There will be ONE complimentary horse ride for each Day, Base, and Skills camper. (Not available to Expedition/Exploration campers.) (Ages 9 & under, arena ride; ages 10 & up arena or trail ride) For safety reasons, all horse rides are at the discretion of the Wranglers.

SWIMMING/BOATING: “Swimming” for **Day Campers** will be wet field games. A swimsuit or change of clothes is requested daily (except Monday), depending on weather and temperatures. Swimming for **Overnight Campers** will be at a local public pool. Life jackets will be worn during all boating activities. A certified lifeguard or safety certified boating instructor will be on duty during all water front activities.

SKILL CLASS LIST: The following activities are usually available at Camp Li-Wa. Activities may be added or dropped due to availability of certified instructors. Campers generally attend skill classes with their cabin group and rotate through the activities throughout the week. Depending on age, campers may be allowed to choose to repeat skill classes or possibly choose an elective if available. With the complexity of scheduling 40-60 campers each week for the variety of activities offered, they may not be able to do every activity. Example: If he/she chooses to go to the canoeing skill class for three periods, it will limit the opportunity to be scheduled for crafts. (Usually two skill classes are chosen per day.)

Canoeing / Mountain Boards / Crafts / Archery / Hiking / Petting Farm / Climbing Wall (except day camp) / Riflery (BB guns for day campers) / Horses **PLEASE INFORM THE CAMP HEALTH CARE MANAGER IN WRITING OF ANY ACTIVITY (including any not listed here) YOU DO NOT WANT YOUR CHILD TO PARTICIPATE IN.**

BIBLE TEACHING: Biblical values and truth are an integral part of the exciting activities at camp. Since Li-Wa is interdenominational, our approach is to teach the primary Bible truths. A variety of teaching methods such as skits, puppetry, role-play and object lessons may be used in both large group and small group settings to make learning enjoyable.

MEALS: Meals are included in your camp fee. (For Day Campers and Equestrian/Wild West Day Campers, lunch daily.) Menus have been developed with consideration for balanced daily food requirements.

CABINMATE (buddy) REQUESTS: Web registration allows for cabin mate requests. We suggest this be reserved for first time campers. You may request one cabin mate only. Notification must be at the office at least one week prior to their camp. We will try to honor your request if it is logistically possible.

PICKING UP and DROPPING OFF CAMPERS DURING THE WEEK: From time to time parents may need to pick their child up from camp for a short period of time for various reasons. It is required that parents sign in and out with the **Office**, or after office hours with the **Program Director/Counselor**, in order to do so. Your child’s safety is our primary concern. *Our security gate will be closed at 10:30pm. No one will be re-admitted after that time. For campers who are in town for appointments, games, etc... and miss the 10:30pm deadline, we ask that they spend the night at home and return to camp at 9am the next morning.*

DISCIPLINE POLICY: To protect campers and provide a happy environment for all, the following steps will be taken:

- 1st Offense - Discuss offense with camper informally
- 2nd Offense - Discuss offense with camper formally... camper time out
- 3rd Offense - Camper and counselor talk with program director
- 4th Offense - Camper and program director talk with camp director and call parent
- 5th Offense - Call Parents / Send camper home

If the offense is severe enough, Camp Li-Wa reserves the right to expedite through the steps and call the parents and/or send the camper home.

PHOTOGRAPHS: Many pictures are taken of campers participating in activities. It is our assumption that most parents love to see their children in camp brochures and slide shows. If you do not, please notify the registrar in writing prior to your child coming to camp.

CAMP LOCATION / QUESTIONS?

Questions? Call 457-6059 or Fax 457-1325, E-mail at info@campliwa.org. Go 1/2 mile on Chena Hot Springs Road, turn right on Bias Drive, then left on Wigwam Way and follow the road 1/4 mile into camp. **Please respect our neighbors and keep Camp Li-Wa safe. Observe the Slow (15 MPH) signs on Wigwam Way! VISIT OUR WEBSITE AT: <http://www.campliwa.org>**

WHAT CAMPERS SHOULD BRING: (Please label all items with last name)

Bible, pens/pencil, sunscreen, mosquito repellent, sleeping bag, pillow, shorts, jeans/long pants, pajamas, tennis shoes, boots/closed toe shoes, toiletries (soap, shampoo, toothbrush, toothpaste), washcloth, towel, swimsuit (modest 1 piece), clothes/footwear for all types of weather (rain, cold, hot).

Day Campers – Do not need to bring sleeping bag, pillow, pajamas, toiletries, washcloth, or towel.

Ranch/Equestrian/Wild West Campers- Besides the above items, you should bring either cowboy boots or hard, smooth (no vibram) soled boots. Rain gear is also an important item to include just in case it rains during trail riding time. Cowboy hats, bandannas, and miscellaneous western wear are not required, but feel free to bring them with you.

Expedition/Exploration Campers – In addition to the above items, bring suitable footwear, rain gear, daypack for hiking, warm sleeping bag with camping pad, a quart water bottle, mountain bike in a safe and dependable condition, and helmet.

WHAT CAMPERS SHOULD NOT BRING: Camp Li-Wa wants to provide your child a fun and safe week at camp. We ask that **all electronics** (cell phones, games, personal stereos, etc...) and firearms, knives, pets, tobacco, and alcohol be left at home.

LOST AND FOUND: Every effort will be made to return lost items **if they are properly marked.** Camp will not be responsible for unclaimed items after Oct 1.

BUS/VAN TRANSPORTATION: Day Camp and Ranch Workshops - Busing is provided, beginning Monday afternoon, dropping off in **Wal Mart parking lot** at 4:20pm and picking up Tuesday through Friday morning (Wednesday morning for Day Camp 2) at 8:40 am. Please fill out the **Bus Transportation Card** at the registration desk during Monday's final registration time.

*****Please notice that there is no transportation on Monday morning or Friday afternoon (Wednesday afternoon for Day Camp 2).**

IF THE BUS IS LATE OR TO MAKE BUS CHANGES, CALL THE CAMP OFFICE AT 457-6059 FOR UP-TO-DATE INFORMATION. We make every attempt to be accurate with the bus list, and we try to call when in doubt; but if there's a question, we will keep your child at camp for you to pick up. **NOTE: Overnight Campers** will be riding the bus for program activities, such as to the swimming pool or van transportation for the Expedition/Exploration Camp activities.

MEDICAL INFORMATION: The Registration form includes a “Health and Medical Summary” which gives permission for medical treatment following protocols provided by our Camp Physician’s Treatment Procedures. It also gives permission for emergency medical treatment by a doctor in case you cannot be reached.

Medical Information Continued The following is a partial list of the usual over-the-counter medications that your child may receive at camp should the need arise. These may be administered by the camp Health Care Manager. **Please do not send these items with your camper.** Tums, Sudafed, Cough Drops, Calamine Lotion, Antibiotic Ointment, Tylenol, Benadryl, Hydrogen Peroxide, Aloe (for burns), Hydrocortisone.(Or generic equivalents) You will be contacted if your child needs to see a physician. **All medications and vitamins sent with the camper MUST be in the original container or labeled by a Physician or Pharmacist.** Our advising doctors are Dr. Jean Tsigonis and Dr. Don Ives. You will have an opportunity to speak with our Health Care Manager(s) at registration. Please bring a copy of your child’s immunization history to registration. It is very important that you list any concerns or questions for them on the health form. Please Note: At any time during the week if a camper has a fever of 100 or higher, parents will be called and asked to pick up their child. If a camper is sent home with a fever, their temperature must be normal for 24 hours before the camper will be allowed to return to camp. The parent must also meet with the camp Health Care Provider before the camper is returned to their cabin and camp activities. **Any medical information is to be given to the health care people during registration.**

SPECIAL NEEDS: We are not a special needs camp. If your child has medical or emotional needs outside the scope of our ability to properly care for them, we reserve the right to ask you to remove your child from camp.

HOMESICKNESS: Homesickness does happen occasionally, especially to those inexperienced with being away from parents. The camp schedule, activities and care by camp staff all work together to keep campers occupied, happy and secure. Persistent homesickness may result in sending a child home. Phone calls can be made, **but parents will help most by resisting the natural protective urge and staying in the background.** Often, seeing or hearing from a parent will convince the homesick child that they can’t make it through the week and need to go home right now!

INSURANCE: Each camper is insured during his/her time at camp. Our policy has specific limits and starts where the camper’s policy leaves off, and after the deductible is paid. For additional information, please contact the camp office.

SNACK SHOP: The snack shop will be open daily for purchasing snacks and miscellaneous items. (An average amount for a resident camper is \$10-\$25 for the week.) Please inform the health care people during final registration if you would like to limit the amount of snacks purchased. Sugar-free and healthy snacks are also available. Other items, such as tee shirts and stuffed animals are available and may be purchased during the Parent Show or anytime throughout the week. A snack shop card is issued to each camper when they arrive and their snack shop money is held in an account for them. Any unused money is returned the last day of camp. (Prices may change based on availability.)

Partial Snack Shop price list:

Stuffed Animals: \$5 - \$8 Tee Shirts: \$12 - \$17 Candy/Snacks: \$.05 - \$1.50

Soda Pop: \$ 1.00 Juices: \$.40-\$2.00

OFFICE HOURS: Mon.-Fri. 8:30 a.m. – 5:30 p.m. 907-457-6059.